

Children who spend time outdoors tend to be:

- More confident
- Healthier
- Less stressed
- More physically fit
- More creative
- Better test takers
- Better problem solvers & critical thinkers

And that's only the beginning!



ICAN can help you connect kids with nature.

The average American child spends more than 50 hours

a week using

electronic media!

Visit our website to learn more:

www.IndianaChildrenAndNature.org

